



Term 1 - Timetable - 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	
School Aged Junior (5-7 years) Pre Teen (8-10 years) Teen (11-15 years)		9:30-10:30am Tots & Parents Acro & Dance	9:15-10:00am Tots & Parents Acro	9:15-10:00am Tots & Parents Acro	9:30-10:30am Tots & Parents Acro & Dance	
		10:45-11:45am Mini Acro & Dance	10:15-11:00am Minis Acro	10:15-11:00am Pre School Acro	10:45-11:45am Mini Acro & Dance	
		11:15-12:15pm Pre School Acro & Dance	11:15-12:00pm Pre School Acro	11:30-1:00pm Home School Acro - Intermediate	11:15-12:15pm Pre School Acro & Dance	
		12:30-1:30pm Home School Acro & Dance			1:30-2:30pm Home School Acro - Beginner	
					2:30-3:30pm Home School Acro - Intermediate	
Acro Class Levels Beginner For students building foundational acrobatic skills. Focus on handstands, cartwheels, bridges and introductory kickover progressions.	4:00-5:00pm BOYS ONLY ACRO	3:30-4:30pm Beginner Acro Jnr	3:00-3:45pm Pre School Acro	3:00-3:45pm Pre School Acro	3:30-4:30pm Pre Intermediate Acro	Under 5s classes Tots & Parents (1-3 years) Minis (3-4 years) Pre School (4-5 years)
Pre-Intermediate Students must demonstrate a bridge kickover from a raised surface. Focus on developing back walkover progressions and strength-based skills.	5:00-6:00pm Beginner Acro - Jnr	4:30-6:00pm Int/Adv Stars (Invite only)	4:00-5:00pm Beginner Acro Jnr	4:00-5:00pm Beginner Acro Pre Teen	4:00-5:00pm Beginner Acro Jnr	Term Fees 45min class \$170 60min class \$180 90min class \$250 Contortion \$140 Performance Team \$90 Term fees are based on a 10 week term Discounts apply when you book multiple classes
Intermediate Students must be able to perform a back bend kickover on the floor. Focus on aerial progressions, walkover refinement and handspring preparation.	6:00-7:00pm Pre Intermediate Acro		5:15-6:45pm Advanced Acro	5:15-6:45pm Intermediate Acro	5:15-6:45pm Intermediate Acro	
Advanced Students must be able to perform a back handspring and/or side or front aerial on the floor. Focus on advanced aerial skills, handsprings and higher-level tumbling combinations.			6:45-7:45pm Beginner Acro Teen	6:45-7:15pm Performance Team (Acro Dance) Int/Adv only	6:45-8:15pm Intermediate Acro Teen	Important Information
Contortion Students must be able to do a chest stand, splits and back walkover				7:15-8:00pm Contortion		* Term 1 runs from Monday 2nd February to Thursday 2nd April 2026. * Invoices must be paid to secure your child's spot. * We accept Active & Creative Kids Vouchers, please email them through to info@performanceacro.com.au * 2 make up sessions are available each term